



Week 39

Triple Rail Twist

6" and 12"



Welcome to our Sew a long for 2020 and thank you for joining us

Each week we will be posting a free PDF pattern and tutorial the block for the week. You can make it as a 6" block or 12" block (finished) or make both of course.

We would love to see what you are making so please feel free to post your photo's on Facebook and Instagram using the hashtag #dq52sewalong .

Note: all seam allowances are ¼" unless other wise stated

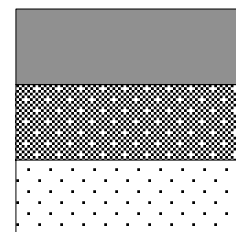
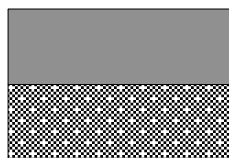


Cutting Instructions

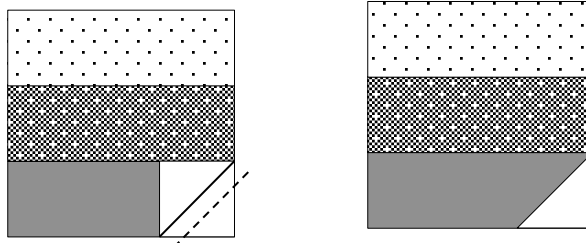
		6"		12"
Dark	4	1 ½" x 3 ½"	4	2 ½" x 6 ½"
Medium	4	1 ½" x 3 ½"	4	2 ½" x 6 ½"
Light	4	1 ½" x 3 ½"	4	2 ½" x 6 ½"
Centre	4	1 ¼" squares	4	2 ¼" squares

Piecing Instructions

1. Pair a Dark and Medium 1 ½" x 3 ½" (2 ½" x 6 ½") rectangle right sides together. Sew together along the long side.
2. Press to the Dark fabric.
3. Place a Light 1 ½" x 3 ½" (2 ½" x 6 ½") on the Medium fabric, right sides together and sew.

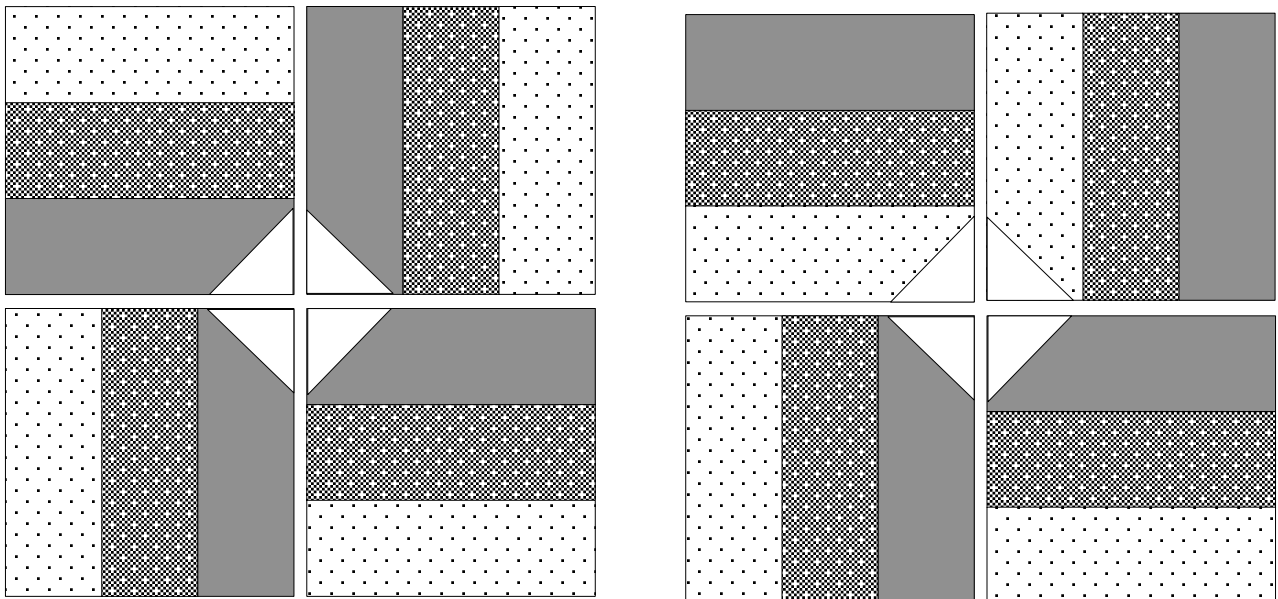


5. Press the Medium fabric.
6. Check that the size of this unit is $3\frac{1}{2}'' \times 3\frac{1}{2}''$ ($6\frac{1}{2}'' \times 6\frac{1}{2}''$)
7. Repeat and made four units.
8. Draw a diagonal line on the wrong side of the Centre $1\frac{1}{4}''$ ($2\frac{1}{4}''$) square. Lay out your four pieced units. Place a Centre square on the corner of the block. Sew on the diagonal line.
Cut away $\frac{1}{4}''$ from the seam and press back.
Repeat to with the remaining pieced units.



Note: You have layout options once you have made your four units. Depending on the colours you have used, play around with the layout to get the combination you are wanting. You can place the Centre square on the combination of the light and dark as shown below.

Block Layout – two options



Press well and measure to make sure you block is $6\frac{1}{2}'' \times 6\frac{1}{2}''$ ($12\frac{1}{2}'' \times 12\frac{1}{2}''$)